



2010

# Discipleship Framework

Study Guide on Hebrews

## **Welcome to your study on the book of Hebrews**

This is the 11<sup>th</sup> study guide produced by People Christian Fellowship (PCF) in relation to the Discipleship Framework. Within this document you will find a daily reading plan. Committing to this is a very important part of your biblical study and will help you in gaining wisdom and understanding of God's word. PCF Wednesday evening prayer meetings are a great place to receive teaching on different aspects of the book as we all learn together. Your discipler will also be studying with you and will challenge you to search the depths of God's word.

## **Individual Study**

Your reading plan is very important; it will help you to develop the spiritual discipline of studying God's word. We suggest that you spend a short time in prayer before and after studying; asking God to open your heart to His truth. By studying His word you will increase your faith, arm yourself for the challenges ahead and gain knowledge and understanding of the Father, Son and Holy Spirit so that you may confidently witness to others. It is recommended that everybody follow the daily study plan to ensure that the whole church is studying the book of Hebrews in unison.

## **Wednesday Evening Prayer Meeting**

Spending time in corporate prayer is a vital ingredient for your Spiritual development. As part of the shift to develop the discipleship framework, the prayer meeting bible study section will follow alongside the discipleship study plan. Prayer meeting will be a great opportunity for you to receive comprehensive teaching on a number of key themes found in the book of Hebrews.

## **Discipleship Meetings**

The Christian walk is not merely an experiential moment of spiritual enlightenment, but a journey toward maturation, attaining to the whole measure of the fullness of Christ. The Church 'is one', purposed for the building up of the saints in preparation for works of service; identified by its unity with Christ and amongst its members (John 17:21). The basic philosophy of the discipleship framework is:

A community of believers growing in Christ, who are accountable and involved in one another's lives.

The framework promotes a level of accountability in relation to the exercise of spiritual disciplines and a degree of involvement which supports wholesome and fruitful relationships. Through the framework the gifts of all believers can be mobilised to advance the Kingdom of God.

## **The study below should be used only as a rough guide.**

During the study section of the meeting disciplers and disciplees should work through the study questions together discussing any revelations, opinions, issues or thoughts that may arise. You do not have to be a bible scholar to conduct or participate in the bible study. Difficult questions that may arise should be noted and brought to the church leadership.

Below is a rough guide formatting a typical disciple meeting.

<b>Action</b>	<b>Explanation</b>
<b>Open in Prayer</b>	Spend a short time in prayer, asking God to be in the midst of your meeting.
<b>Reflection</b>	You may want to start with some general reflection on how the week has been. Do not try to force information out. The amount of information should be determined by the disciplee
<b>Study</b>	The whole church will be studying the same book at the same time. In this section you could start by reflecting on what you have studied in the previous meeting, any homework and/or revelations. Follow the study guide and try to complete as much as you can.
<b>Reflection</b>	Recap what you have learnt and ask if there are specific areas of intended application. Please also share your areas of intended application. Ensure you set a task to be completed by the next meeting.
<b>Pray</b>	Ask your disciplee if there are any areas of their life they would like you like to pray for/about. Please also remember your community within your prayers. You could also ask your disciplee to pray.
<b>Encourage</b>	Before you meet prepare an encouragement for your disciplee. It must be specific. (Preferably scripture based).

## The book of Hebrews

Hebrews is a masterful document written to present the sufficiency and superiority of Christ Jews who were evaluating Jesus or who were struggling with the Christian faith. Jesus, the Christ, had come, fulfilling the law, making the perfect sacrifice, and initiating the new covenant. Christ was a better prophet, a better priest, and a better sacrifice. In fact, he was the ultimate “best.” Many Jews had embraced this new way, expressing faith in Christ (“Messiah”) as Saviour and Lord. Yet the familiar Judaism continued to draw them back. Some returned to the old way, and others attempted to combine the old with the new, forming a hybrid of Judaism and Christianity. And so they were missing God's best.

### Author

The authorship of Hebrews has been in doubt since its publication. In fact, none of the early writers who refer to this book mention its author. And no one since early times has been able to identify the author. The inclusion of Hebrews into the New Testament canon came from the Eastern Church as early as A.D. 185, mainly because of the traditional belief that Paul had written it.

The main themes in the book of Hebrews include: *Superiority of Christ, High Priest, Sacrifice, Promise, Maturity, Faith, and Endurance.*

Hebrews reveals Jesus' true identity as God in the flesh. Jesus is the ultimate authority. He is greater than any angel or religion. As the divine Son of God, Jesus is superior to any Jewish leader (such as Abraham, Moses, or Joshua). As the perfect man and mediator with God, he is superior to any priest. As one who endured suffering and temptation, but without sin, he knows us thoroughly. Jesus is the complete revelation of God. And he has been exalted to God's right hand ( 1:3 ), crowned with glory and honour ( 2:9 ).

In the Old Testament, the high priest represented the Jews before God. He would make blood sacrifices to atone for the people's sins before God. Once a year, on the Day of Atonement, the high priest would enter the Most Holy Place in the Temple to make atonement for the sins of the whole nation. The high priest would approach God only once a year, but Christ is always at God's right hand, interceding for us.

Old Testament sacrifices had to be perfect: animals without any injuries or blemishes. These animals were killed on the altar, their blood spilled for the sins of the people. Jesus, the divine Son of God and the perfect Son of Man, died on the cross, shedding his blood to secure the forgiveness for all people. Christ's sacrifice was the ultimate fulfilment of all that the Old Testament sacrifices represented.

God made a holy promise, a covenant, with Abraham. In this covenant, God promised to bless Abraham, to make of Abraham's descendants a great nation, and to bless all the world through him. God also promised to be with his people and to give them rest. Although the people often failed to live up to their side of the covenant, God always kept his: through Abraham came the nation of Israel, and eventually Christ. In addition, God brought his people to the Promised Land, and eventually he will bring them to their eternal rest.

Although God's people are saved from sin and given eternal life when they trust in Christ as Savior, they are given the task of going on and growing in faith. Too often, however, believers remain immature, feeding only on “milk” and not “meat” and arguing over the basics ( 6:1 ). Through a living relationship with Christ, however, believers can live blameless lives, be used powerfully by God, and mature in their faith.

The Bible, from beginning to end, is a book about faith. Many believed God and received multiplied blessings on earth. Others believed God and were persecuted, tortured, and martyred for their faith. God expects his people to come to him in faith and to live by faith, regardless of the circumstances or outcomes. Faith is confident trust in God and his promises. God's greatest promise is that people can be saved from sin and have eternal life through Christ.

It wasn't easy to be a Christian in the first century, especially a Jewish Christian. Believers who had come to faith in Christ out of Judaism were ostracized by their families and persecuted by the religious leaders. When the Romans began to persecute Christians, they seized their property, imprisoned and tortured them. These believers felt tremendous pressure to denounce Christianity, to combine Christian teachings with Judaism, or to be secret believers. Hebrews, therefore, warns against apostasy and against slipping back into old habits and beliefs; the message of this book challenges believers to endure to the end.<sup>1</sup>

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<sup>1</sup> Pocket Bible for Windows: *The Life Application New Testament Commentary*: (Tyndale House Publishers, Inc. Wheaton), 2001 (Commentary on Hebrews: introduction)

## Prayer Meeting and Discipleship Study Guide on the Book of Hebrews

Prayer Meeting study duration: 2 weeks

Total Prayer Meeting teaching time: 1 Hours

Start Date: 03/01/10 End Date: 17/01/10

Discipleship study duration: 2 weeks

Total Discipleship reading time: (15mins a day)

Week and Date	Chapter	Prayer meeting Bible Study	Discipleship Reading Plan	Discipleship Study Questions
<p>Week 38 Monday 4<sup>th</sup> Jan 10 – Sunday 10<sup>th</sup> Jan 10</p>	<p>3</p>	<p><b>Wednesday 6<sup>th</sup> January 10</b></p> <ul style="list-style-type: none"> <li>• The writer addresses the holy brothers</li> <li>• Jesus recognised as the apostle and high priest</li> <li>• Jesus' faithfulness compared to Moses', but greater than Moses'</li> <li>• The Holy Spirit gives a warning based on past events</li> <li>• Encourage one another so as to overcome sinful and unbelieving heart</li> <li>• How do you know you are in Christ? (hold firm)</li> <li>• Five questions (3:16-18)</li> </ul>	<p>Mon- 3:1-4 Tue - 3:5-6 Wed - 3:7-11 Thur - 3:12-13 Fri - 3:14 Sat - 3:15-16 Sun - 3:17-19</p>	<ol style="list-style-type: none"> <li>1. Would you greet your fellow Christians, as holy brothers and sisters? (please give reason as to why you would or wouldn't)</li> <li>2. Consider this, if the builder of the house has greater honor than the house itself and God is the builder of all things, take some time out and look at the most beautiful parts of this planet ask yourself, how great is God. (Also see Romans 1:20)</li> <li>3. Can a man or woman turn away from God and forfeit his or her salvation? The writer has addressed the 'one's who share in the heavenly calling' (3:1), but warns of a sinful and unbelieving heart that turns away from God. What's your view, can we forfeit our salvation by the state of our heart?</li> <li>4. How does v.14 reflect on your life?</li> <li>5. v. 16 starts with a question: Who were they who heard and rebelled? If we bring the question into a nowadays context, who would you say are the rebellious and disobedient?</li> <li>6. The challenge is to encourage someone everyday this week (v. 13)</li> </ol>

<p>Week 39</p> <p>Monday 11<sup>th</sup> Jan 10</p> <p>-</p> <p>Sunday 17<sup>th</sup> Jan 10</p>	<p>4</p>	<p><b>Wednesday 13<sup>th</sup> January 10</b></p> <ul style="list-style-type: none"> <li>• The promise of God’s rest and the possibility of individuals falling short of it.</li> <li>• Hearing the gospel is one thing but having faith is another</li> <li>• Those that won’t entre God’s rest</li> <li>• Another day of rest</li> <li>• The word is sharper than...</li> <li>• The great high priest ... Jesus</li> </ul>	<p>Mon- 4:1-2</p> <p>Tue - 4:3-6</p> <p>Wed - 4:7-11</p> <p>Thur - 4:12-13</p> <p>Fri - 4:14</p> <p>Sat - 4:15</p> <p>Sun - 4:16</p>	<ol style="list-style-type: none"> <li>1. Look through chapters 3 and 4; find the same scripture that is quoted 3 times, and then reflect on its importance. (Clue: first seen in 3:7-11)</li> <li>2. Compare two scriptures: Hebrews 4:2, 6 and Romans 10:17-21 (pay attention to v. 17, 18 and 21). Are there any parallels of thought?</li> <li>3. What effort do you need to make to enter God’s rest? (not salvation by works!)</li> <li>4. Reflect on verses 12 and 13 how does this impact your walk with God?</li> <li>5. Memorize 4:14-16</li> </ol>
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